



SOLINA

Spiez

26.06.2018



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Introduction Kaspar Zölch





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114 years of history in Spiez

- 1883 Foundation of the association 'Verein für kirchliche Liebestätigkeit' (Association for Church Charity)
- 1901 Opening of the nursing home 'Asyl Gottesgnad' with a capacity of 40 beds
- 1972 Inauguration of the six-story building in Spiez
- 1985 Opening of the new site in Steffisburg with a capacity of 120 beds
- 2013 Change of name: OKH is now known as Solina
- 2015 Inauguration of the new building in Spiez (Grappbianca) and renaming of the organisation to Solina Spiez





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Today

Facts & Figures

- 3 sites (Spiez & Steffisburg)
- 320 nursing places (of which 80 are for people who are eligible for benefits from the Swiss federal disability insurance)
- 348 full-time positions
- More than 600 employees
- 90 apprentices / students
- Turnover: approx. 44 MCHF
- ISO-9001 certified
- Collective agreements for employees in long-term care
- Planned occupancy rate: 99%





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Target group

People eligible for benefits from old-age and survivors' insurance and disability insurance

- Adults in need of special care and assistance
- People who suffer from:
 - multimorbidity and old age, dementia
 - multiple disabilities
 - psychiatric diseases
 - difficult biographies and 'risky' life plans (e.g. addiction)
 - brain injuries
 - longer recovery periods (e.g. femoral neck fracture)
 - neurological diseases (MS, ALS, Parkinson's disease)





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Mixed concept

- People with different biographies and resources live together in one assisted living group
- Multidisciplinary teams of employees (care and assistance)



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Basic Principles

Self-concept

We promote the well-being of adult people by strengthening their autonomy, accompanying and supporting them in their lives.

Caring model

“Caring” means to show interest or worry for somebody. The term describes the inner attitude of an employee responsible. Furthermore, “caring” is the basis of the problem-solving process. “Caring” helps to build up a relation between the nursing person and the patient / client; the residents feel valued and accepted, which helps them to be more aware of themselves and supports them in managing their individual life situations.



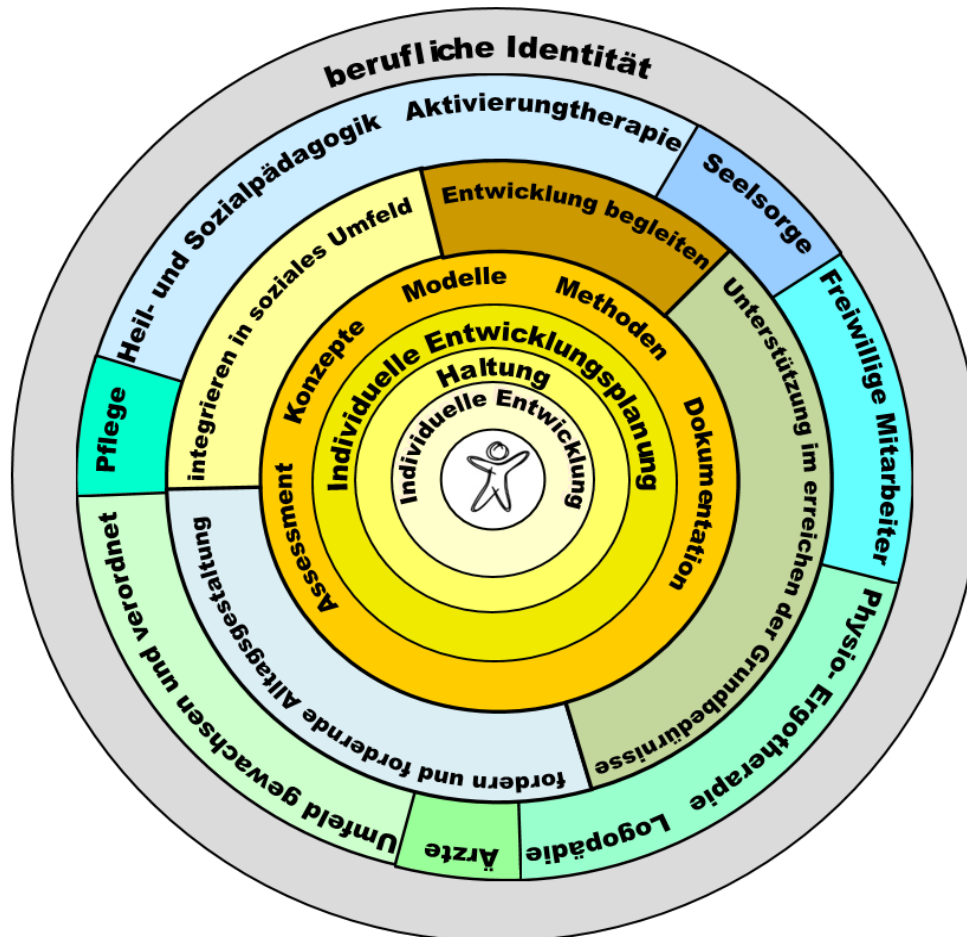
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Basic Principles

Caring sphere of influence





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Services

Solina Spiez

Services

- 190 inpatient nursing care places (all three sites)
- Apartments for the elderly
- Outpatient services
 - Day centre for people with life experience
 - Day centre for people with multiple disabilities
 - Physiotherapy
 - Activity programme (small-sized)
- Catering
- Room rental
- Councelling



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Treatment of residents with a chronic problem of addiction

Basic Principles

Our basic principles consist of the mission statements (self-concept, caring model) and the house rules. We at Solina Spiez understand addiction as a disease and therefore think that those affected have a right and are entitled to care and assistance.



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Treatment of residents with a chronic problem of addiction

The objective of Solina Spiez is that despite their chronic conditions, residents are able to lead a fulfilled life coherent with their own ideas. At Solina Spiez we neither work abstinence-oriented nor non-abstinence-oriented. A resident's decision not to lead an abstinent life, is respected, even though from the professional point of view of the nurses and caregivers it is not conducive to a good health and will reduce a resident's well-being in the longer term. If residents wish to lead an abstinent life, the institution will encourage and support them. It is not possible to undergo a withdrawal treatment at Solina Spiez.



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Treatment of residents with a chronic problem of addiction

Objective

- Target group
- Approach to drugs
- Assistance, treatment, intervention with regards to addiction problems
- Controls and sanctions
- Confiscation and disposal
- Formation of employees
- Cooperations



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Treatment of residents with a chronic problem of addiction

Distribution of psychotropic medication

Objective

- The main objective is to reduce the number of intervention requiring conditions of intoxication
- Regular inspections
- Consequences
- Individual agreements

A close-up photograph of several purple flowers on green stems. The flowers are in various stages of bloom, with some showing individual petals and others as dense clusters. The background is a soft, out-of-focus light purple and white. The text 'Thank you for your attention!' is overlaid in a large, white, serif font across the center of the image.

**Thank you for
your attention!**