

BeTrAD

*Better Treatment
for Ageing Drug User*

Best practice collection

ASPCAT

Elena Adán

Questionnaires collected by ASPCAT

Only 3 with specific services

1 from **France**

17 from **Portugal**

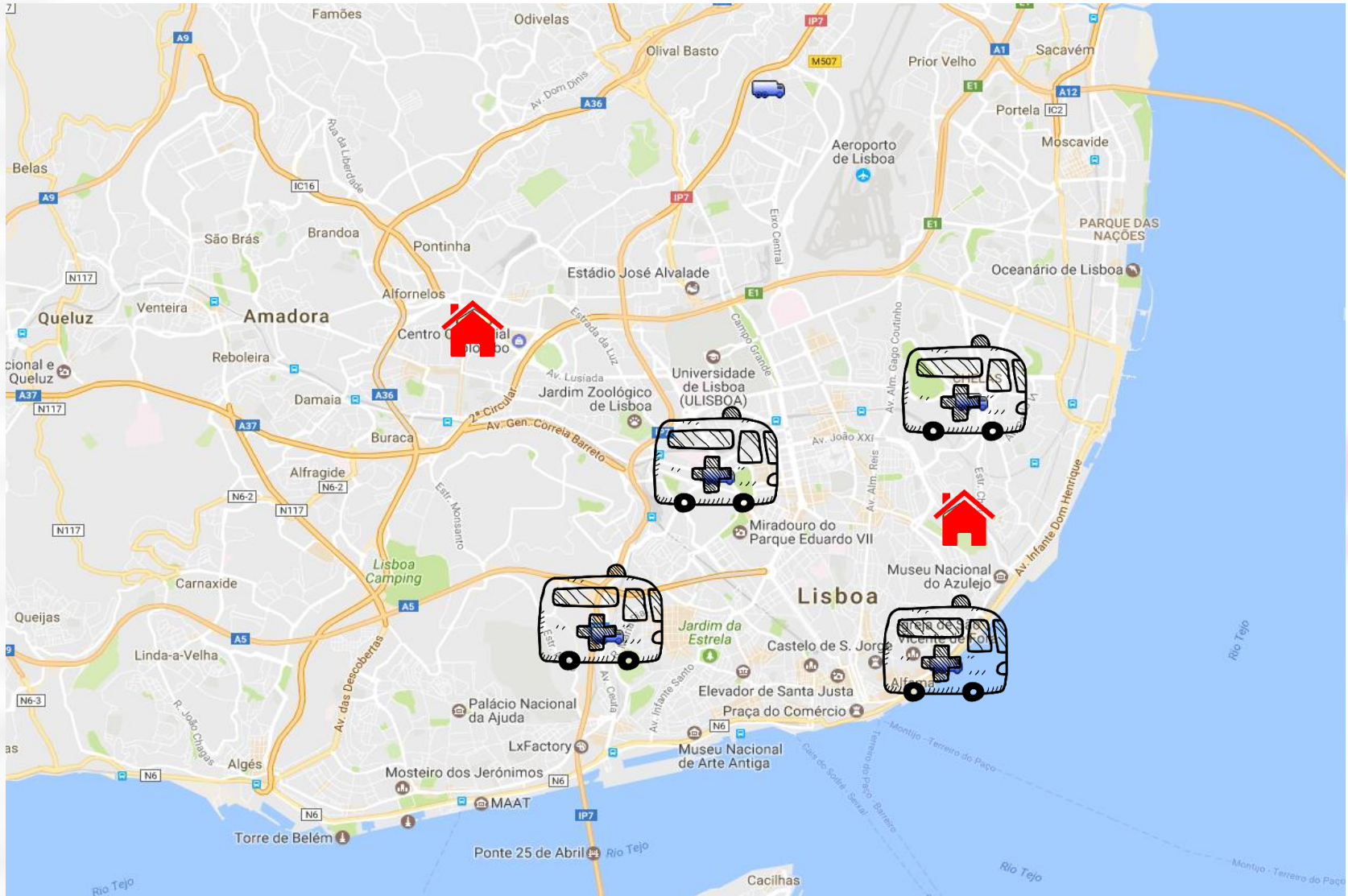


Ares do Pinhal Low Threshold Methadone Program



www.aresdopinhal.pt

Lisbon, PORTUGAL



48 staff members

- Nurses
- Medical doctors
- Psychiatricians
- Psychologists
- Social Workers
- Peer workers (paid)
- Educators
- Administrative staff

1200 clients per day

mean age of **45.40 years**
(*SD*=8.09)

- Opioid users (with or without polysubstance use) of legal age.
- Inclusion criteria:
 - Over 18 years old
 - Drug use is tolerated
 - Substances: heroin, cocaine, benzodiazepines and alcohol

Objectives:

To reduce the risks and harm associated with the use of illicit drugs

To raise awareness on safe use

Improve the access to BBD screening tests for IDUs

Engage clients to the healthcare and social services

Referral to more structured treatment projects.

Out-patient

- Counselling
- Medical care
- Psychological and mental care
- Opioid Substitution Therapy and/or other
- Harm reduction services
- Activation programs
- Others: _____

In-patient

- Counselling
- Medical care
- Social care
- Housing project
- Opioid Substitution Therapy
- Harm reduction services
- Activation programs, group activities

Barriers, gaps and problems :

Difficulties to access to the healthcare services for undocumented or foreign people

Extreme poverty level of clients

Health vulnerability

Lack of social support

Isolation

Strong points

Low threshold

Large number of clients

Multidisciplinary team

Weak points

Non specific services

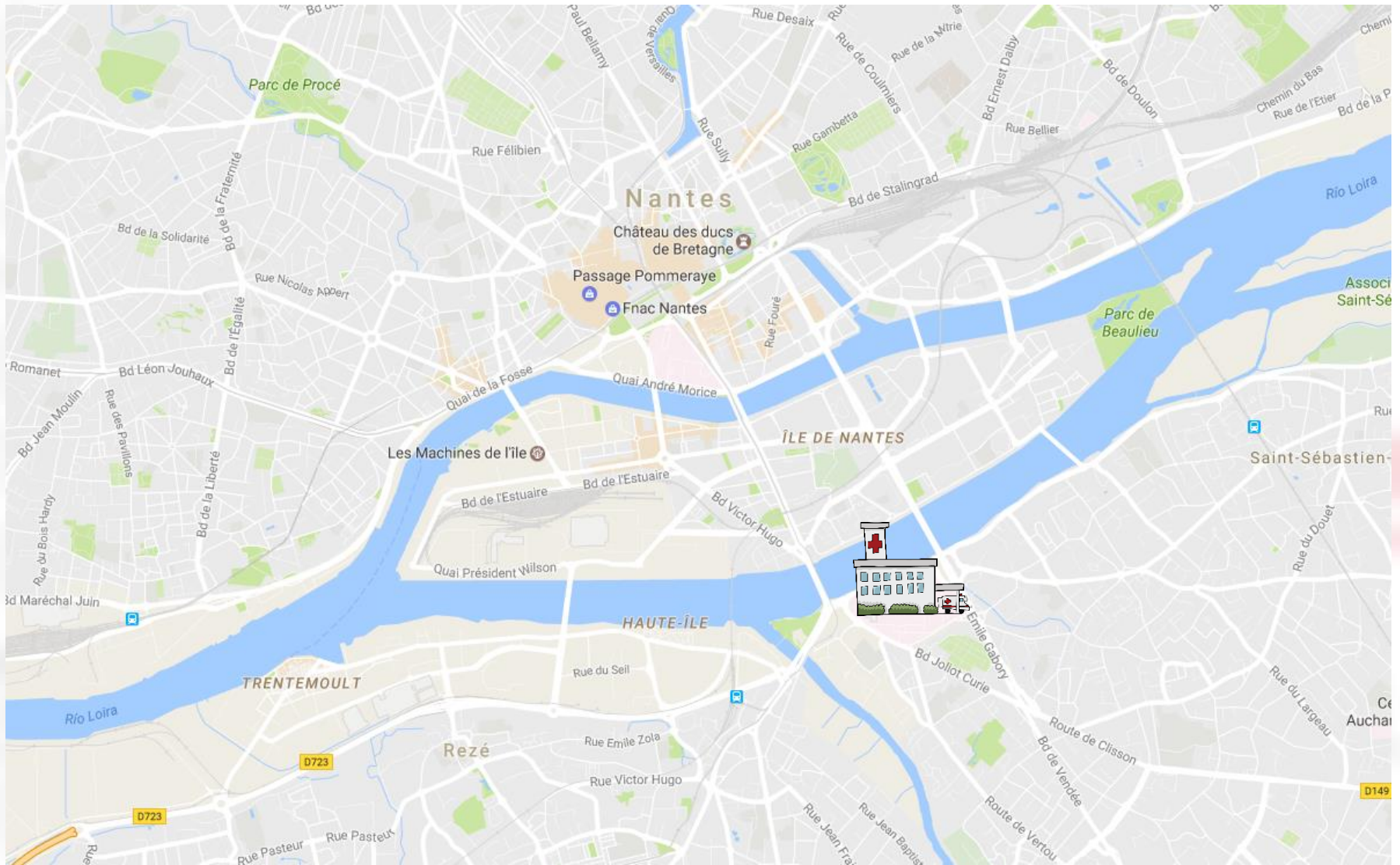
Only public funding

**Service d'addictologie
Unité Guillaume Apollinaire
Centre Hospitalier Universitaire de Nantes**

CHU de Nantes |

<http://www.chu-nantes.fr>

Nantes, FRANCE



28 staff members

- Nurses
- Medical doctors
- Psychiatricians
- Psychologists
- Social Workers
- Others

30 clients per day

Insurance status

Abstinence rule

Patient motivation for treatment

Other target groups:

Young people from 15 years old

Patients with addiction and psychiatric or somatic comorbidity

Patients in a social exclusion situation

Out-patient

- Counselling
- Medical care
- Psychological and mental care
- Opioid Substitution Therapy and/or other
- Harm reduction services
- Activation programs
- Others: _____

In-patient

- Counselling
- Medical care
- Social care
- Housing project
- Opioid Substitution Therapy
- Harm reduction services
- Activation programs, group activities

Strong points

Multidisciplinary team

Wide variety of services

Funding (private and public)

Weak points

Accessibility

Strict admission criteria

Non peer involvement

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Thank you

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